## Rochester

# SOIL HEALTH Field Day

**September 16, 2025 3:00 PM - 6:00 PM** 

Foodlink Community Farm 585 Lexington Ave, Rochester, NY 14613

#### **How to Cover Crop**

Tour the cover crop demonstration plots. Learn how to cover crop in small spaces—species selection, seeding and termination strategies.

#### Soil Health in Raised Beds

Raised beds are used frequently in urban settings. Learn how to build soil health through soil testing, and pH and nutrient management.

Management of Heavy Metals in the Soil Hear the best practices for dealing with heavy metals soil contamination in the urban environment.

#### **Benefits of Cover Cropping**

See a demonstration of the impacts of cover crops on soil from New York Soil Health.

Cost: FREE! Pre-registration required. Space is limited! Visit CVP.CCE.CORNELL.EDU to register.



CONSERVATION DISTRICT



### **Cornell Cooperative Extension**





