

6/26/16 - 7/2/16

Product (NC = nonconventional)	Unit	Mid-Hudson	Capital Re	Saratoga - Lake George	Northern
Beefsteak Tomatoes	1 lbs.				
Beefsteak Tomatoes NC	1 lbs.		\$ 4.48		3.95
Blueberries	pint	\$ 7.50	\$ 4.25	\$	4.00 \$ 3.50
Blueberries NC	pint		\$ 5.00		
Carrots	bunch	\$ 3.00	\$ 2.50		\$ 2.00
Carrots NC	bunch			\$	3.00
Cherry Tomatoes	1 lbs.				
Cherry Tomatoes NC	1 lbs.		\$ 5.00		
Ground Beef	1 lbs.				\$ 4.95
Ground Beef NC	1 lbs.	\$ 7.00	\$ 8.32	\$	7.26 \$ 5.00
Heirloom Tomatoes	1 lbs.				
Heirloom Tomatoes NC	1 lbs.				
Lamb Chops	1 lbs.	\$ 11.00			
Lamb Chops NC	1 lbs.	\$ 17.00	\$ 13.00	\$	13.48
Pork Chops	1 lbs.			\$	9.95
Pork Chops NC	1 lbs.	\$ 9.50	\$ 11.32	\$	10.22
Raspberries	pint		\$ 6.13	\$	4.00
Raspberries NC	pint		\$ 3.50		
Red Potatoes	1 lbs.		\$ 4.00		
Red Potatoes NC	1 lbs.	\$ 2.50			
Russet Potatoes	1 lbs.				
Russet Potatoes NC	1 lbs.				
Salad Mix	1/2 lbs.		\$ 3.00	\$	5.00
Salad Mix NC	1/2 lbs.	\$ 4.75	\$ 5.06	\$	4.70
Shelled Peas	pint	\$ 3.50	\$ 3.00		\$ 2.50
Shelled Peas NC	pint	\$ 3.50	\$ 4.00		
Short Ribs	1 lbs.				\$ 7.00
Short Ribs NC	1 lbs.	\$ 7.25	\$ 8.21	\$	7.00
Strawberries	pint	\$ 5.00	\$ 4.67	\$	4.00 \$ 4.00
Strawberries NC	pint		\$ 5.00	\$	4.00
Strip Steaks	1 lbs.				\$ 13.00
Strip Steaks NC	1 lbs.	\$ 21.00	\$ 22.82	\$	15.98
Sugar Snap Peas	pint	\$ 2.50	\$ 3.58	\$	4.00 \$ 4.00
Sugar Snap Peas NC	pint	\$ 3.50	\$ 4.17	\$	4.60
Sweet Corn	dozen				
Sweet Corn NC	dozen				
Yellow Potatoes	1 lbs.		\$ 4.00		
Yellow Potatoes NC	1 lbs.			\$	4.00
Whole Chickens	1 lbs.				\$ 3.50
Whole Chickens NC	1 lbs.	\$ 5.00	\$ 5.31	\$	4.49