

7/24/16 - 7/30/16

Product (NC = nonconventional)	Unit	Mid-Hudson	Capital Region	Saratoga - Lake George
Beefsteak Tomatoes	1 lbs.		\$ 3.00	\$ 2.95
Beefsteak Tomatoes NC	1 lbs.	\$ 3.00	\$ 4.00	\$ 3.50
Blueberries	pint	\$ 4.00	\$ 4.50	\$ 4.69
Blueberries NC	pint	\$ 5.50	\$ 5.00	\$ 4.83
Carrots	bunch		\$ 2.50	\$ 3.00
Carrots NC	bunch	\$ 3.19	\$ 3.00	\$ 3.50
Cherry Tomatoes	1 lbs.	\$ 3.50	\$ 3.79	\$ 3.06
Cherry Tomatoes NC	1 lbs.	\$ 4.04	\$ 5.00	\$ 4.19
Ground Lamb	1 lbs.	\$ 9.00		
Ground Lamb NC	1 lbs.	\$ 11.50		
Heirloom Tomatoes	1 lbs.		\$ 3.00	\$ 4.50
Heirloom Tomatoes NC	1 lbs.	\$ 4.25	\$ 4.25	\$ 4.17
Honey	1 lbs.		\$ 9.13	\$ 8.00
Honey NC	1 lbs.			\$ 6.00
Breakfast Sausage	1 lbs.			
Breakfast Sausage NC	1 lbs.	\$ 8.63	\$ 11.24	\$ 9.95
Raspberries	1/2 pint		\$ 5.67	\$ 5.00
Raspberries NC	1/2 pint	\$ 4.00		
Red Potatoes	1 lbs.	\$ 1.50	\$ 3.50	\$ 3.19
Red Potatoes NC	1 lbs.	\$ 2.00	\$ 4.00	\$ 4.00
Russet Potatoes	1 lbs.		\$ 4.00	
Russet Potatoes NC	1 lbs.			\$ 3.00
Salad Mix	1/2 lbs.			
Salad Mix NC	1/2 lbs.	\$ 6.50	\$ 7.00	\$ 5.16
Shelled Peas	pint			
Shelled Peas NC	pint			
Skirt Steak	1 lbs.			
Skirt Steak NC	1 lbs.	\$ 14.00		\$ 14.00
Strawberries	pint		\$ 3.25	\$ 5.00
Strawberries NC	pint		\$ 3.00	\$ 6.00
London Broil	1 lbs.			
London Broil NC	1 lbs.	\$ 10.00	\$ 10.95	\$ 14.25
Sugar Snap Peas	pint			
Sugar Snap Peas NC	pint			
Sweet Corn	dozen	\$ 5.40	\$ 7.04	\$ 6.28
Sweet Corn NC	dozen	\$ 8.00	\$ 9.00	\$ 8.75
Yellow Potatoes	1 lbs.		\$ 4.38	
Yellow Potatoes NC	1 lbs.	\$ 2.00		\$ 5.00
Pork Tenderloin	1 lbs.			
Pork Tenderloin NC	1 lbs.	\$ 12.50	\$ 17.49	\$ 19.28

Northern

\$ 3.19

\$ 4.00

\$ 2.58

\$ 3.25

\$ 4.00

\$ 6.25

\$ 4.00

\$ 9.00

\$ 3.00

\$ 5.00

\$ 4.00