

7/31/16 - 8/6/16

Product (NC = nonconventional)	Unit	Mid-Hudson	Capital Region	Saratoga - Lake George
Beefsteak Tomatoes	1 lbs.	\$ 2.67	\$ 4.00	\$ 2.50
Beefsteak Tomatoes NC	1 lbs.	\$ 2.50	\$ 4.00	\$ 3.03
Blueberries	pint	\$ 4.00	\$ 4.25	\$ 4.00
Blueberries NC	pint	\$ 5.00	\$ 4.60	\$ 6.67
Carrots	bunch	\$ 2.00		
Carrots NC	bunch	\$ 3.08	\$ 3.08	\$ 3.33
Cherry Tomatoes	1 lbs.	\$ 2.94	\$ 3.44	\$ 2.94
Cherry Tomatoes NC	1 lbs.	\$ 3.63	\$ 3.84	\$ 3.29
Liver	1 lbs.			
Liver NC	1 lbs.	\$ 4.50	\$ 5.06	\$ 3.66
Heirloom Tomatoes	1 lbs.	\$ 3.75	\$ 3.00	\$ 2.33
Heirloom Tomatoes NC	1 lbs.	\$ 4.30	\$ 4.47	\$ 4.17
Honey	1 lbs.	\$ 7.67	\$ 9.06	\$ 8.13
Honey NC	1 lbs.	\$ 7.00	\$ 8.31	\$ 6.00
Leg of Lamb	1 lbs.	\$ 12.99		
Leg of Lamb NC	1 lbs.	\$ 12.00		\$ 10.50
Raspberries	1/2 pint	\$ 4.50		
Raspberries NC	1/2 pint	\$ 4.00		
Red Potatoes	1 lbs.	\$ 3.17	\$ 2.93	\$ 3.00
Red Potatoes NC	1 lbs.	\$ 3.47	\$ 3.56	\$ 3.30
Russet Potatoes	1 lbs.		\$ 5.00	\$ 3.00
Russet Potatoes NC	1 lbs.			\$ 3.50
Salad Mix	1/2 lbs.			
Salad Mix NC	1/2 lbs.	\$ 5.50	\$ 5.38	\$ 5.63
Shelled Peas	pint			
Shelled Peas NC	pint			
Shoulder Roast	1 lbs.	\$ 5.99		
Shoulder Roast NC	1 lbs.	\$ 7.25	\$ 8.48	\$ 9.59
Strawberries	pint	\$ 4.00		
Strawberries NC	pint		\$ 3.63	\$ 5.50
Rib-Eye Steak	1 lbs.	\$ 14.25		
Rib-Eye Steak NC	1 lbs.	\$ 17.13	\$ 16.71	\$ 15.40
Sugar Snap Peas	pint			
Sugar Snap Peas NC	pint			
Sweet Corn	dozen	\$ 5.94	\$ 6.75	\$ 6.40
Sweet Corn NC	dozen	\$ 6.80	\$ 5.79	\$ 6.67
Yellow Potatoes	1 lbs.	\$ 2.81	\$ 3.13	\$ 3.00
Yellow Potatoes NC	1 lbs.	\$ 2.25	\$ 3.56	\$ 3.63
Chicken Eggs	dozen	\$ 3.50		\$ 5.17
Chicken Eggs NC	dozen	\$ 5.30	\$ 4.56	\$ 4.25

Northern

\$ 3.50

\$ 3.00

\$ 3.00

\$ 1.99

\$ 4.50

\$ 5.50

\$ 2.50

\$ 3.00