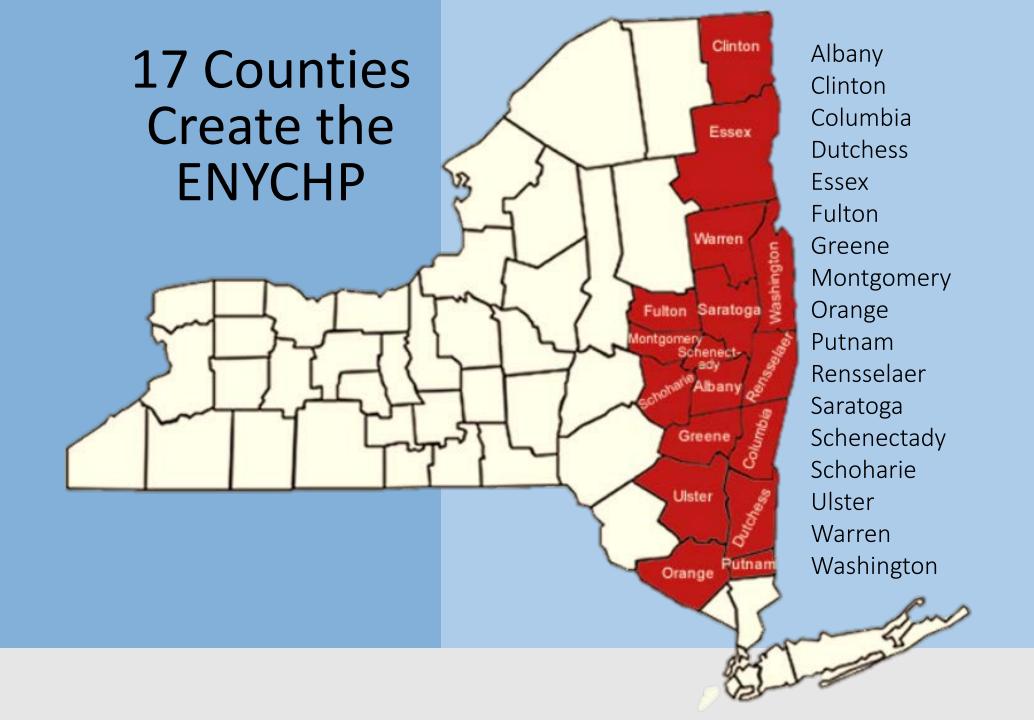
Fitting Cover Crops into Vegetable Production Systems November 8, 2018

Amy Ivy and Chuck Bornt, CCE Eastern NY Commercial Horticulture
Program

Mike Davis, Manager and Director of the Cornell Willsboro Research Farm, Willsboro, NY

Cornell Cooperative Extension

Eastern NY Commercial Horticulture Program



What are some reasons you would use cover crops?

- Suppressing weeds
- Protecting soil from rain or runoff
- Improving soil aggregate stability
- Reducing surface crusting
- Adding active organic matter to soil
- Breaking hardpan
- Fixing nitrogen
- Scavenging soil nitrogen
- Suppressing soil diseases and pests



What are some concerns using cover crops?

- Selecting the right cover crops for:
 - Your management goal
 - Fitting into your overall production plan
- Establishment
 - Broadcasting, drilling, overseeding etc.
- Terminating the cover crop
 - Mowing, crimping, plowing, herbicide
- Managing cover crop residue
- Planning cover crops within your cropping plan
- Costs vs. Returns can we see what we're getting out of it
 - Can we use it for forage, straw etc.?



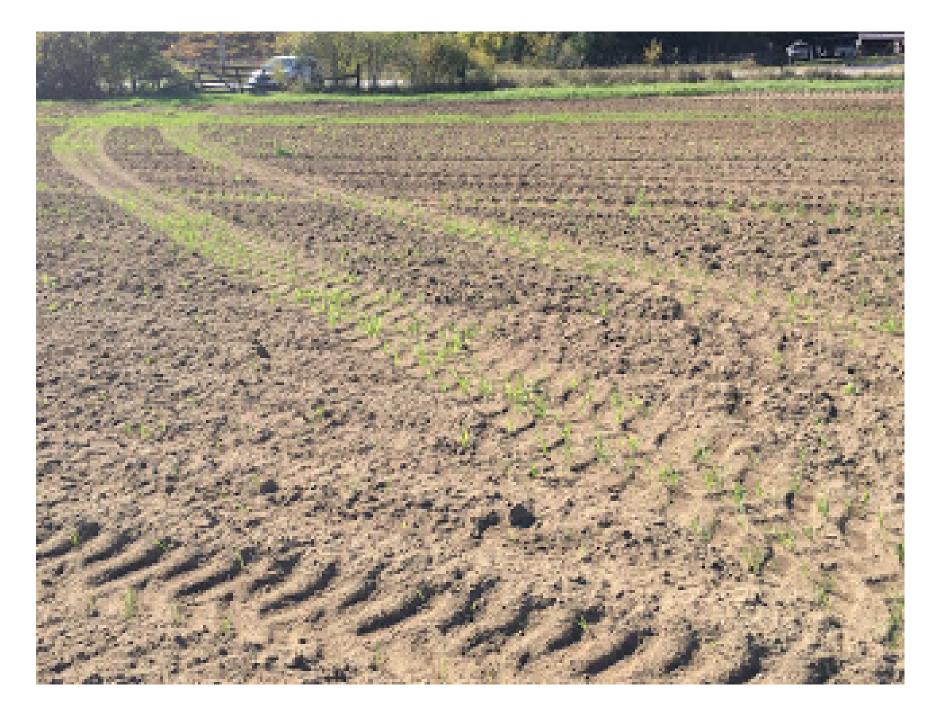
Establishment is Critical!!



Drills are really my preferred way for seeding cover crops. But they can be expensive, take longer and can be cumbersome for smaller scale growers!



Spinners also work but you should adjust your rates by 10-15%. And cultipacking or rolling afterwards helps!



Seed/Soil contact helps speed up germination.

This whole field was planted to a cover crop, but look where the seeds germinated first!

Cover Crop Mixes Are the Rage!

- Multiple species makes the most out of the which season they are suited for
- Many cool season species will germinate in the undergrowth of warm season species and then explode once the warm seasons start to shutdown!
- Mixes of different families is also a big benefit – mixing grasses with legumes and brassica's for example!



Cover Crop Mixes Are the Rage!



Early Spring Plantings before a Crop (April/May)

	Recommended Seeding rate	Recommended Seeding rate	Seeding Depth		
Cover crop	Drilled (lbs)	Broadcast (lbs)	(inches)	Planting Window	Best Uses
					cover crop, green manure, forage,
Field Peas + oats	120 + 20	NR	3/4 - 1.0	early spring/late summer	lower rates in mixes
Barkant Turnip or					
Purple Top		4-5	1/8	early spring/late summer	cover crop, grazing
					cover crop, smother crop,
Yellow Mustard	10-12	NR	1/4-1/2	spring thru mid Sept.	biofumigant (15-20 lbs/acre)
Dwarf Essex Rape	4-5 (1-3 in in mixture)		1/8	early spring thru summer	cover crop, forage
					forage, cover crop. Use lower rates
Forage Oats	80-100	100-120	1.0 -1.5	early spring	with mixes
					frost seeded, cover crop, forage,
Medium Red Clover	6-10	10-15	1/2	early spring	nitrogen fixer
T-Raptor	4-5 (1-3 i	n in mixture)	1/8	early spring	cover crop, forage

Summer Plantings – After early sweet corn, snap beans, summer squash, brassicas, greens, garlic (Late July/early August)

	Recommended Seeding rate	Recommended Seeding rate	Seeding Depth		
Cover crop	Drilled (lbs)	Broadcast (lbs)	(inches)	Planting Window	Best Uses
3 Way Clover Mix	10-15	15-20	1/4 - 1/2	late summer	cover crop, interseeding
Dwarf Sorghum or Sudan	4-9	7-11	1.0 - 1.5	mid June	cover crop and mixes, forage
AS9302 sudan	4-9	7-11	1	mid June	cover crop and mixes, forage
Barkant/Purple Top					
Turnip	4	-5	1/8	early spring/late summer	cover crop, grazing
White Mustard	8-10	NR (10-15)	1/4-1/2	spring thru mid Sept.	cover crop, smother crop, biofumigant (15-20 lbs/acre)
Broadcaster Mix	18-25	25-30	1/2	late summer	cover crop, forage, interseeding
Crimson Clover	15-25	15-25	1/4 - ½	spring or summer	may not overwinter, cover crop, nitrogen fixer, forage
Dwarf Essex Rape	4-5 (1-3 in in mixture)		1/8	early spring thru summer	cover crop, forage
Forage Maker Oats	80-100	100-120	1.0 -1.5	August - September, spring	forage, cover crop. Use lower rates with mixes
Japanese Millet	12 - 15	17 - 25	1/4-1/2	after soils reach 65° F	cover crop, forage(higher adaptation than sorghum
Medium Red Clover	6-10	10-15	1/2	early spring/late summer	frost seeded, cover crop, forage, nitrogen fixer
Summer Feast	10-20	NR	1/2-3/4	after soils reach 65° F	grazing, cover crop
Tifleaf III Millet	10-20	NR	1/2-3/4	after soils reach 65° F	cover crop, forage
T-Raptor	4-5 (1-3 in in mixture)		1/8	early spring thru summer	cover crop, forage
Triticale	60-100	100-200	1/2 - ¾	late Aug. thru Sept.	cover crop, forage
Annual rye grass	10 - 20	20 - 30	1/2	Late spring thru Sept.	Interseeding, cover crop, nurse crop, soil health

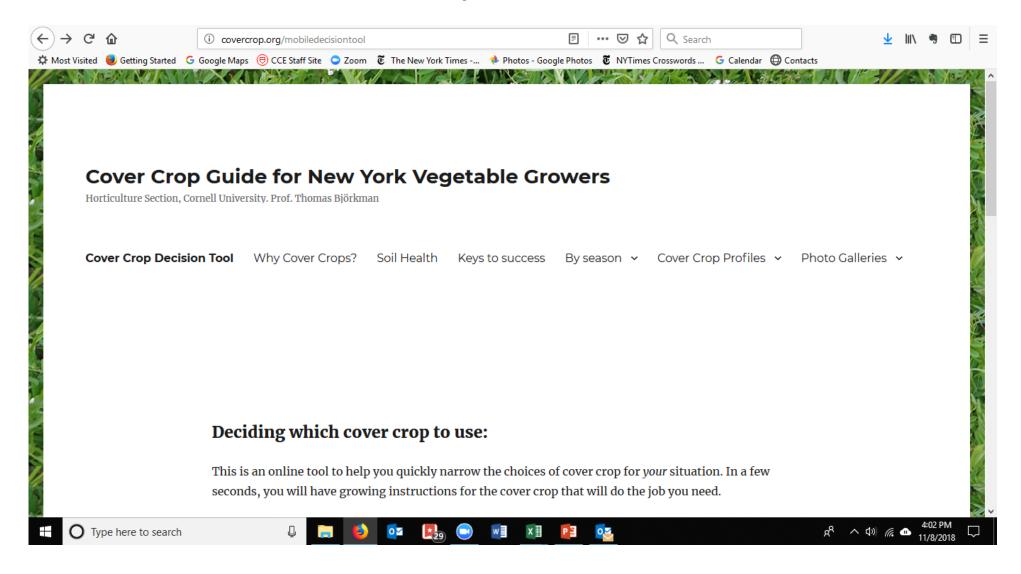
Late Summer/Early Fall Plantings

	Recommended Seeding rate	Recommended Seeding rate	Seeding Depth		
Cover crop	Drilled (lbs)	Broadcast (lbs)	(inches)	Planting Window	Best Uses
3 Way Clover Mix	10-15	15-20	1/4 - 1/2	late summer	cover crop, interseeding
Austrian Winter Pea	60-100	NR	3/4 - 1.0	early spring/late summer	cover crop, green manure, forage, lower rates in mixes
Field Peas + oats	120 + 20	NR	3/4 - 1.0	early spring/late summer	cover crop, green manure, forage, lower rates in mixes
Barkant/Purple Top Turnip	4-5		1/8	early spring/late summer	cover crop, grazing
Mustards	8-10	10-15	1/4-1/2	spring thru mid Sept.	cover crop, smother crop, biofumigant (15-20 lbs/acre)
Broadcaster Mix	18-25	25-30	1/2	late summer	cover crop, forage, interseeding
Daikon Radish	6-14 (use 1 -2 lbs in mixes)		1/4	mid Augmid Sept.	cover crop, green manure, grazing
Dwarf Essex Rape	4-5 (1-3 in in mixture)		1/8	early spring thru summer	cover crop, forage
Oats	80-100	100-120	1.0 -1.5	August - September, spring	forage, cover crop. Use lower rates with mixes
Rye Grass	25-35	NR	1/4	fall or early spring	forage, cover crop
Hairy Vetch	20-30	NR	1/4-3/4	fall or early spring	cover crop, forage, nitrogen fixer
King's Soil Builder Plus	50-60	NR	1/2 - 3/4	early fall or early spring	forage(use 120-140 lbs/acre), cover crop
T-Raptor	4-5 (1-3 in	in mixture)	1/8	early spring thru summer	cover crop, forage
Triticale	60-100	100-200	1/2 - 3/4	late Aug. thru Sept.	cover crop, forage
Winter Rye	60-200	100-200	1/2-3/4	September	cover crop, overwintering, forage, straw
Wheat	100 – 150		1.0 -1.5	October	forage, straw, cover crop. Overwinters
Wichita Winter Canola	3.5-5.0	NR	0.75-1.0	Mid Sept - October	cover crop, soil health
Winter barley	90 - 100		1.0 -1.5	Sept early Oct.	cover crop, straw, forage, grain
Buckwheat	50	70	1/8 – 1/4	June - July	cover crop, soil health, seed production

Last Resort Plantings – Mid – Late October

	Recommended	Recommended	Seeding		
	Seeding rate	Seeding rate	Depth		
Cover crop	Drilled (lbs)	Broadcast (lbs)	(inches)	Planting Window	Best Uses
				August - September,	
Oats?	80-100	100-120	1.0 -1.5	spring	forage, cover crop. Use lower rates with mixes
Winter Rye	60-200	100-200	1/2-3/4	September	cover crop, overwintering, forage, straw
Wheat?	100 - 150 (grain yield rates)		1.0 -1.5	October	forage, straw, cover crop. Overwinters
Wichita Winter					
Canola	3.5-5.0	NR	0.75-1.0	Mid Sept - October	cover crop, soil helath
Winter barley?	90 - 100 (grain yield rates)		1.0 -1.5	Sept early Oct.	cover crop, straw, forage, grain

Cover Crop Decision Tool







Clay loam site early planting left, late planting right, on Oct 30 L-R: oats, crimson clover, millet, daikon radish





Planting dates – Early: Aug 2, Late: Aug 20

Sandy loam site early planting left, late planting right, on Oct 30 L-R: oats, crimson clover, millet, daikon radish





Planting dates – Early: Aug 2, Late: Aug 20

L: Sandy site *early* planting plots 1-7 on 10/30 R: Clay site, *late* planting plots 2-6 on 10/30

(soil builder, oats, crimson clover, millet, daikon, summer feast, barley)





Planting dates – Early: Aug 2, Late: Aug 20

Soil Builder Plus on sand left, on clay right

In sand, daikon dominates, in clay where deer have browsed back the radish, the other crops have filled in







Very thin stand of crimson clover on sandy site, with lots of weeds



clay, early planting - millet Note no weeds starting between plants despite bare soil. Later clay millet planting did have winter weed seedlings coming in.

Tillage Radish







Pictures from our summer crop planting of 2016

L-R: Sunhemp, Cowpea, Sorghum-sudangrass 9/2/16 Sandy loam site Clay loam site





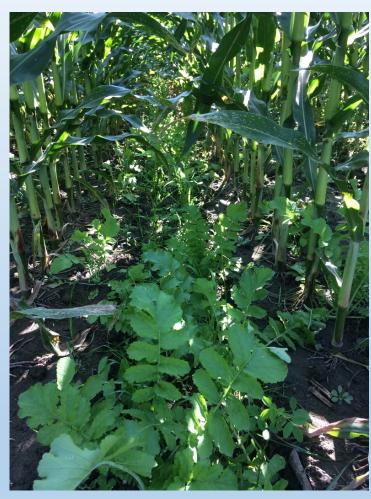
Both sites planted July 1, 2016 under hot, dry conditions



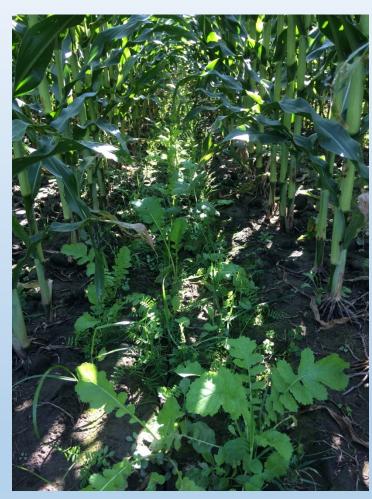
Crimson clover, teff, 3-way clover, Japanese millet/tillage radish

With the July 1, 2016 planting, some crops did NOT establish well under warm, dry summer conditions in sand (clovers and radish). In this 5-way mix only the Teff and millet did well.

Adjusting Rates in Mixes

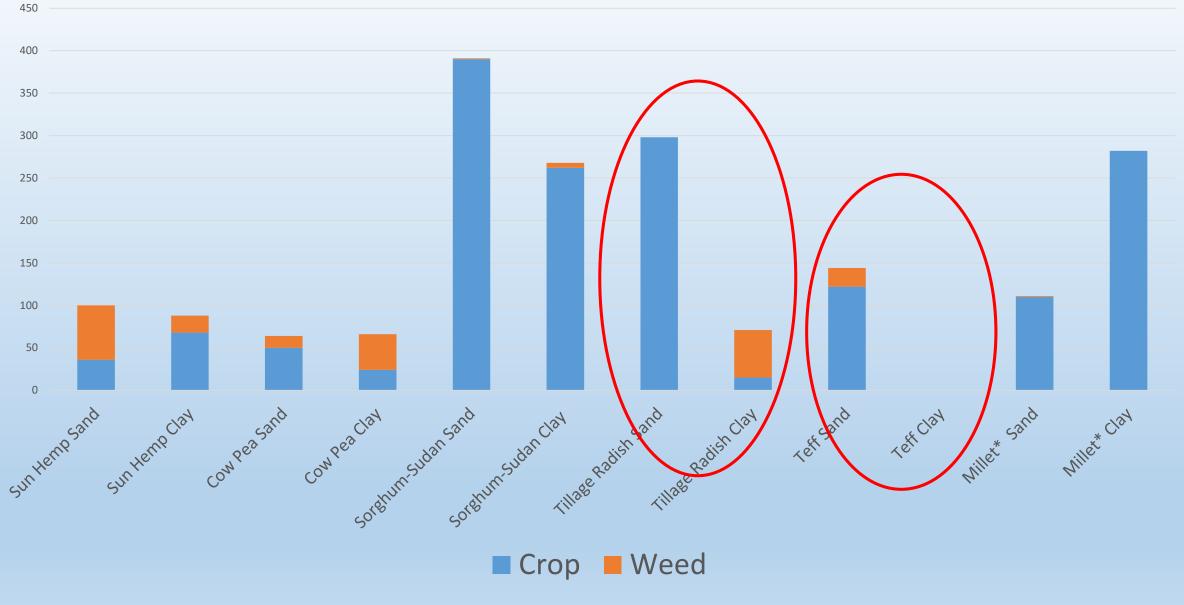


Tillage Radish at Full rate – 6 lbs per acre



Tillage Radish at Reduced rate (1 lb / acre) mixed with
Hairy Vetch (20 lbs/acre





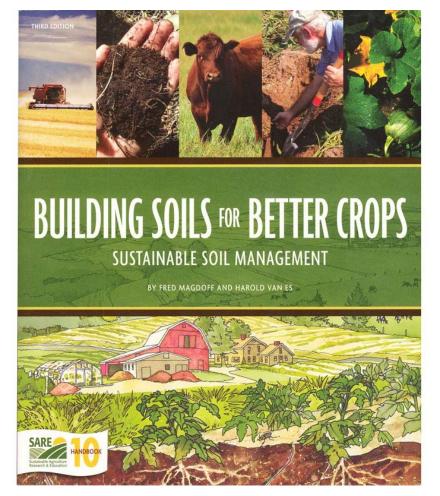
Planting date July 1, 2016 under hot, dry conditions

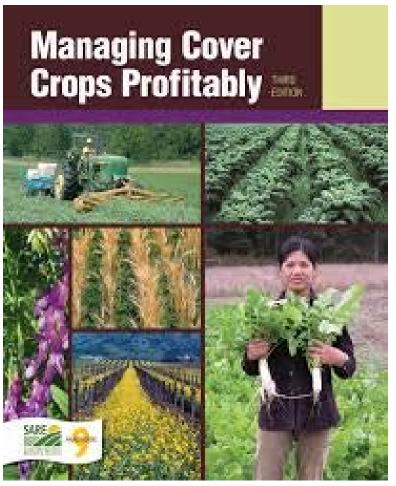


Inter-Seeding could be another option! This is vetch in the spring 2018 after interseeding in corn crop early summer 2017.



Excellent Resource Books





Hard copies available for sale, or download pdf for free at http://www.sare.org/Learning-Center/Books

Questions?

Cornell Cooperative Extension

Eastern NY Commercial Horticulture Program

- Chuck Bornt cdb13@cornell.edu
- Amy Ivy <u>adi2@cornell.edu</u>
- Mike Davis mhd11@cornell.edu

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http://www.nnyagdev.org/

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